

**For immediate release**

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**Adios HGH, steroids and congressional hearings  
PPM mouth guard leads quiet revolution in Major Leagues**

A California dentist is ready to make Major League history.

Although you won't see this neuromuscular dentist's name in any box score or scoring summary, Dr. David May is fitting amateur and professional athletes at his practice in Hemet and Redondo Beach with a new and completely legal performance enhancer that is quickly racking up the points.

While droves of professional athletes across North America are now using the Pure Power Mouthguard (PPM); many are still hesitant to reveal to the public and their opponents the science behind the new invention which claims to boost strength and balance substantially.

"I would recommend to anyone who is serious about their athletic competition and workout to come in and take the PPM test which only takes a few minutes," said Dr. May. "Everyone has different goals they want to reach, for an athlete that wants to jump higher, run faster, lift more weight and have an all-around improvement in flexibility and range of motion – this appliance will create the edge."

The inventor of The PPM is Dr. Anil Makkar, a neuromuscular dentist. Both Drs. Makkar and May are graduates of the esteemed Las Vegas Institute (LVI) for Advanced Dentistry.

There are many who have realized the advantages of the PPM.

Josh Brown, former Seattle Seahawks kicker who just signed on with the Rams, is also using the PPM. He recently had the top season of his career, finishing seventh in NFL scoring (127 pts) and eighth in field goal accuracy going 28-for-34.

"I'm a field goal kicker so at first I thought: why would I need a mouth guard," said Brown. "But the PPM really did help me this past season. I had five or six tackles which is incredible for a kicker. The mouth guard also helped me run faster because my body was in its optimum position."

In one of the most memorable moments of his career, Brown surprised a sell-out crowd at Q-West Field and even some of his own teammates during Week 11 of the 2007 regular season when he crunched Bears kick return specialist Devon Hester with a bone crunching tackle to help lead the Seahawks to a 30-23 victory.

“I’m always prepared to make a tackle but being a kicker in the NFL: that rarely ever happens,” said Brown. “I felt like he [Hester] wasn’t really taking me into account...My whole body was able to take some relief during that game and the entire season because I had the PPM. The game just came a lot easier to me.”

Brown said that the PPM allows him to lift an extra 20 or 30 lbs for each exercise in the weight room and also claims the device improves oxygen flow to his lung and airway.

As the testimonials start to take shape, Dr. May knows that and the PPM will be widely popular in California given the recent publicity surrounding illegal performance enhancing drugs such as baseball’s Mitchell Report.

“We know all about the many drug issues in pro sports right now – but the only reason athletes are using illegal methods is to enhance their performance,” he said. “The PPM is based on sound neuromuscular principles and dental studies. Studies have proven that athletes can improve their balance and strength greatly with this device – it safely makes you stronger, faster and more flexible without using drugs. Drugs simply can’t do what the PPM can do.”

PPM staff confirmed that 50 Major League Baseball players were fitted with the device during spring training.

The PPM is not available at your local sporting good store; only specially trained neuromuscular dentists like Dr. May can fit individuals with the device.

PPM staff also state that aside from improving balance and strength is also improves oxygen flow to the lungs, a vital component in the performance of any athlete’s success.

By using sophisticated neuromuscular machinery and computer technology, the science behind the PPM puts each individual’s jaw in the most comfortable and ideal position to allow the rest of the body to do the work it was designed for.

This equipment includes state-of-the-art jaw tracking technology, and the J5 myomonitor, provides bilateral electrical stimulation to relax the muscles in the patient’s face.

There are currently 150 professional and collegiate athletes using the guard from the MLB, NBA, NHL, NFL, UFC, and NCAA - football and basketball.

For more information:

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